

# Pain - Patient Support Groups



This list shows charity members of Pain UK

**Ask these charities and organisations for patient resources: information leaflets, posters, etc.**

Support Group	Telephone Number	Website Address	Email Address
Affa Sair	n/a	<a href="http://affasair.org/">affasair.org/</a>	<a href="mailto:affasair@gmail.com">affasair@gmail.com</a> ;
ASTRiiD	n/a	<a href="http://astriid.org.uk">astriid.org.uk</a>	<a href="mailto:pippa.stacey@astriid.org">pippa.stacey@astriid.org</a> ;
BackCare	0208 977 5474	<a href="http://backcare.org.uk/">backcare.org.uk/</a>	<a href="mailto:info@backcare.org.uk">info@backcare.org.uk</a> ;
Bladder Health UK	0121 7020820	<a href="http://bladderhealthuk.org/">bladderhealthuk.org/</a>	<a href="mailto:info@bladderhealthuk.org">info@bladderhealthuk.org</a> ;
British Polio Fellowship	0800 043 1935	<a href="http://britishpolio.org.uk">britishpolio.org.uk</a>	<a href="mailto:info@britishpolio.org.uk">info@britishpolio.org.uk</a> ;
Burning Nights (CRPS)	01663 795055	<a href="http://burningnightscrps.org/">burningnightscrps.org/</a>	<a href="mailto:victoria@burningnightscrps.org">victoria@burningnightscrps.org</a> ;
Chronically Awesome	n/a	<a href="http://chronicallyawesome.org.uk/">chronicallyawesome.org.uk/</a>	<a href="https://chronicallyawesome.org.uk/contact-us/">https://chronicallyawesome.org.uk/contact-us/</a>
CPRS UK	n/a	<a href="http://crps-uk.org/">crps-uk.org/</a>	<a href="mailto:admin@crps-uk.org">admin@crps-uk.org</a> ;
Crohn's and Colitis UK	01727 830038	<a href="http://crohnsandcolitis.org.uk/">crohnsandcolitis.org.uk/</a>	<a href="mailto:Jess.Turner@crohnsandcolitis.org.uk">Jess.Turner@crohnsandcolitis.org.uk</a> ;
Dystonia UK	020 7793 6351	<a href="http://dystonia.org.uk">dystonia.org.uk</a>	<a href="mailto:info@dystonia.org.uk">info@dystonia.org.uk</a> ;
Ectodermal Dysplasia Society	01242 261332	<a href="http://edsociety.co.uk/">edsociety.co.uk/</a>	<a href="mailto:diana@edsociety.co.uk">diana@edsociety.co.uk</a> ;
Ehlers Danlos Support UK	0208 736 5604	<a href="http://ehlers-danlos.org/">ehlers-danlos.org/</a>	<a href="mailto:info@ehlers-danlos.org">info@ehlers-danlos.org</a> ;
Endometriosis UK	020 7222 2781	<a href="http://endometriosis-uk.org/">endometriosis-uk.org/</a>	<a href="mailto:clairekelleher@endometriosis-uk.org">clairekelleher@endometriosis-uk.org</a> ;
Fibromyalgia Action UK	0141 370 3940	<a href="http://fmauk.org/">fmauk.org/</a>	<a href="mailto:head.office@fmauk.org">head.office@fmauk.org</a> ;
GAIN (Guillain-Barré & Associated Inflammatory Neuropathies)	01529 469910	<a href="http://gaincharity.org.uk/">gaincharity.org.uk/</a>	<a href="mailto:office@gaincharity.org.uk">office@gaincharity.org.uk</a> ;
Groundswell	020 7725 2851	<a href="http://groundswell.org.uk/">groundswell.org.uk/</a>	<a href="mailto:info@groundswell.org.uk">info@groundswell.org.uk</a> ;
GUTS UK	020 7486 0341	<a href="http://gutscharity.org.uk/">gutscharity.org.uk/</a>	<a href="mailto:jthompson@gutscharity.org.uk">jthompson@gutscharity.org.uk</a> ;
- continued overleaf -			

Herpes Viruses Association	020 7607 9661	herpes.org.uk	info@herpes.org.uk;
Hidradenitis Suppurativa Trust		On Facebook only	
Hypermobility Syndromes Association	03330 116 388	hypermobility.org/	Lisa.bone@hypermobility.org;
The IBS Network	0114 272 3253	theibsnetwork.org	info@theibsnetwork.org;
Limbless Association	01245 216670	limbless-association.org/	enquiries@limbless-association.org;
Lipoedema UK	07747 033757	lipoedema.co.uk	info@lipoedema.co.uk;
Lupus UK	01708 731251	lupusuk.org.uk/	headoffice@lupusuk.org.uk;
Marfan Trust	03330 115256	marfantrust.org/	info@marfantrust.org;
Migraine Trust	0203 9510 150	migrainetrust.org/	ksanger@migrainetrust.org;
Muscular Dystrophy UK	020 7803 4800	muscular dystrophyuk.org	info@muscular dystrophyuk.org;
National Axial Spondyloarthritis Society	020 8741 1515	nass.co.uk/	admin@nass.co.uk;
National Rheumatoid Arthritis Society (NRAS)	01628 823524/ 0800 2987650	nras.org.uk/	helpline@nras.org.uk;
Paget's Association	0161 799 4646	paget.org.uk/	diana.wilkinson@paget.org.uk;
Pain Association Scotland	01738 629503	painassociation.co.uk/	SCottom@painassociation.com;
Pain Relief Foundation	0151 529 5820	painrelieffoundation.org.uk/	jo.stephens@painrelieffoundation.org.uk;
Pain Support Jersey	07797 952165	painsupportjersey.com/	psjersey15@gmail.com;
Patient's Association	020 8423 9111	patients-association.org.uk	Sarah.Tilsed@patients-association.org.uk;
Pelvic Pain Support Network	n/a	pelvicpain.org.uk/	info@pelvicpain.org.uk;
PKD Charity (Polycystic Kidney Disease)	0300 111 1234	pkdcharity.org.uk/	https://pkdcharity.org.uk/about-us/contact-us;
Polio Survivors Network	01522 888601	poliosurvivorsnetwork.org.uk/	admin@poliosurvivorsnetwork.org.uk;
Royal Osteoporosis Society	0808 800 0035	theros.org.uk/	nurses@theros.org.uk;
Sarcoidosis UK	020 3389 7221	.sarcoidosisuk.org	Info@sarcoidosisuk.org;
Scleroderma and Raynaud's UK	020 3893 5998	sruk.co.uk	info@sruk.co.uk;
Scoliosis Association UK	020 8964 1166	sauk.org.uk/	communications@sauk.org.uk;.
Sickle Cell Society	020 8961 7795	sicklecellsociety.org/	john.james@sicklecellsociety.org;
Shingles Support Society	0207 607 9661	shinglessupport.org.uk	info@shinglessupport.org.uk;
Spinal Injuries Association	01908 604 191	spinal.co.uk/	d.burden@spinal.co.uk;
Trigeminal Neuralgia Association UK	0800 999 1899	tna.org.uk	admin@TNA.org.uk;
Versus Arthritis	0300 7900 456	versusarthritis.org	enquiries@versusarthritis.org
Vulval Pain Society	n/a	vulvalpainsociety.org	info@vulvalpainsociety.org;