

Pain UK (registered charity number: 1191657)

Trustees Annual Report and Accounts

Year ended 31 October 2021

The trustees present their report, together with their receipts and payments account of the charity for the year ended 31 October 2021. Given the level of income and expenditure, and the relatively straight forward nature of the balances, the trustees have adopted a receipts and payments basis of accounting and do not believe either an audit or independent examination is required.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1191657

Trustees

Mr A Chuter, Chairman

Ms C Strickland, Acting Honorary Treasurer

Mrs M Nicolson, Membership Secretary

Ms Priya Randhawa, Trustee

Ms Jess Potts, Trustee

Resigned this year

Ms Anneke Kingan

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Organisational structure

Trustees are elected at the Annual General Meeting. There are currently five trustees as stated above.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Charitable objectives

- (a) The principal objective of the charity is to promote good health by advancing public education about the relief of suffering of people in pain, in particular by bringing together voluntary organisations established for the relief of pain sufferers in a common effort to improve their care, treatment and management.
- (b) To advance the education of the general public on the causes, effects, treatment and management of pain; and
- (c) To promote social inclusion for the public benefit among people living with pain who may be socially excluded from society, as a result of poor management of their condition and the physical, psychological and social problems that can ensue.

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Charitable activities

The COVID-19 pandemic hampered activities during the year, however the Charity continued its work. These are the first accounts for Pain UK since becoming a CIO. During this year the Charity recruited a new trustee and progressed the UK Lived Experience of Pain Project (UKLEPP). Pain UK CIO transferred its funds to a new bank account with HSBC. At the end of the financial year, the charity had 36 charity members and over 1,200 individual members. During the year the Charity organised virtual meetings for its charity members and sent out many events and newsletters for both charity members and individual members. The Charity's two Facebook pages are very popular both with researchers seeking volunteers for their ethically approved projects and with individuals sharing pain stories.

FINANCIAL PERFORMANCE

Fundraising activities

The charity received donations of £6,656.35 through Just Giving, Amazon Europe Core, Something Chronic, Giving Comm Ltd, Much Loved or individual donations.

Income and Expenditure and Statement of Assets

The charity has an excess of expenditure over income during the year of £5,071.02 (2020 the charity has an excess of income over expenditure of £15,764). The bank balance at the 31 October 2021 is £20,483.05. (31 October 2020 - £27,268.68).

Approved by the order of the board of trustees on 5 May 2021 and signed on its behalf by:

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Mr A Chuter - Chairman

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	31 October 2021	31 October 2020
	£	£
Income		
Donations	21,211	21,211
	<u>21,211</u>	<u>21,211</u>
Expenditure		
Travel and subsistence		282
Exhibition costs	-	-
Accounts		240
Legal and professional		2,959
Annual General Meeting	-	-
Indemnity insurance	318.40	529
Pain Project contractor fees	7,200	408
Website and computer costs	1055.06	1,020
Computer equipment	143.88	-
Printing, postage, stationery	22.78	8
Training	2428.40	-
Other costs	559.03	-
	<u>11,727.55</u>	<u>5,447</u>
Excess of expenditure over income	<u>5,071.02</u>	<u>15,764</u>
Balance at the beginning of the year	<u>26,422</u>	<u>10,658</u>
Balance at the end of the year	<u>20,483.05</u>	<u>26,422</u>
Statement of Assets as at 31 October 2020		
The Cooperative Bank Account and HSBC	<u>1134.54</u>	<u>26,422</u>
HSBC Bank Account	19,348.51	
Total balance	20,483.05	

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Mr A Chuter - Chairman

Notes

1. These accounts have been prepared on a receipts and payments basis
2. The accounts fees are £240 and include the payment of £120 for 17-18 and £120 for 18-19
3. Trustees expenses were £11,727.55 (2020 - £283) and included travel and subsistence costs and payments made on behalf of Pain UK for contractor (researcher), website and other costs
4. Income is £6,656.35 and is comprised of smaller donations and is all unrestricted.